

For Immediate Release

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Northern Illinois Food Bank
delivering food assistance to your community

Volunteers Honor Dr. Martin Luther King Jr. at NIFB

(Park City)- Monday January 19, 2009 The Northern Illinois Food Bank (NIFB) is pleased to announce that in honor of Dr. Martin Luther King Jr. 25-30 Youth Conservation Corps members will be spending Monday January 19th, 2009 volunteering at the NIFB branch office in Park City, IL. They are all North Chicago H.S. Navy Reserve Group members. Their volunteer shift will be from 9am until Noon, and they will be available to give interviews to members of the media.

In the words of Dr. Martin Luther King Jr. "If you want to be important -- wonderful. If you want to be recognized -- wonderful. If you want to be great -- wonderful. But, recognize that he who is greatest among you shall be your servant. That's a new definition of greatness." These kids are living up to those inspiring words.

Volunteer Manager for the NIFB Tia Milne says the NIFB relies on the generous spirit found in all of the Food Banks volunteer members. "In fiscal year 2008 volunteers provided almost 55,000 hours. That time is essential to what we do" said Milne. "If we didn't receive this help, we would have to hire somewhere in the neighborhood of an additional 26 full time employees, which would drastically reduce our finances to help hungry people in our area."

Anyone interested in volunteering that day or any other should call the Northern Illinois Food Bank at 630-443-6910, visit our website at www.northernilfoodbank.org and click on the *Get Involved* link, or e-mail volunteer@northernilfoodbank.org.

The Park City Branch Office is located at 473 Keller Drive, Park City, IL 60085

About Northern Illinois Food Bank

Northern Illinois Food Bank (NIFB) is a non-profit organization that provides food to all those in need through its 520 partner agencies in the following 13 counties - Boone, DuPage, DeKalb, Grundy, Kane, Kankakee, Kendall, Lake, McHenry, Ogle, Stephenson, Will and Winnebago. NIFB acquires, gathers, handles, and distributes donated, government, and purchased food to more than 40,600 different people each week through local food pantries, soup kitchens, shelters, youth activity centers and other food assistance sites. In 2008 NIFB distributed over 22.5 million pounds of food.

www.northernilfoodbank.org
